




# About Time

## 真愛每一天

彰化女中 經典電影導讀

導讀人：谷湘琴



# 如果你擁有穿越時空的能力， 你要怎麼使用它？

電影設定：

- ➡ 只能在自己的人生穿越
- ➡ 只能往回走
- ➡ 新生命誕生後，無法隨意回到過去



主角用來：

- 製造完美邂逅
- 製造浪漫求婚
- 拯救朋友事業
- 拯救親愛的妹妹

# 過程卻發現(之一)

- ▶ 有些事情就算回去重來，也無法改變  
(無法讓不愛你的人愛上你)

A young man with short, reddish-brown hair and a light complexion is standing outdoors. He is wearing a blue and white plaid button-down shirt over a dark green t-shirt. He has a thoughtful or slightly distressed expression, with his right hand raised as if gesturing or explaining something. The background features a bright, sunny day with a clear blue sky, a calm sea, and a distant landmass. In the foreground, there are lush green plants and flowers, including a prominent white and pink flowering bush on the left. The overall scene is bright and clear, suggesting a coastal or garden setting.

穿越时空并无法让人爱上你

all the time travel in the world can't make someone love you.

## 再次與初戀相遇後.....回家求婚




因为我现在有一件重要的事要做

because there's something very important that I have to do.  
Right now.

## 過程卻發現(之二)

- ➡ 可以回去改變一些事，但你不願改變的也會跟著變
- 救了朋友事業，錯過女友初識。
- 救了妹妹免於車禍，自己小孩都換了一個。



# 溫馨父子關係：慈父帶領/引導 主角實踐/體會


- 父親最初的忠告
- 主角的體會(之一)
- 父親第二個忠告
- 主角的體會(之二)



## 最初的忠告



你要把它用在你真正想要的事上...  
You have to use it for things that you really think



...过你真正想要的人生  
will make your life the way you want it to be.

## 主角自己的體會(之一)



突然间穿越时空已经没那么必要了  
Suddenly, time travel seems almost unnecessary,

A man in a blue shirt is standing in a garden, looking at a bunch of colorful balloons (pink, blue, yellow, and white) tied to a brick pillar. The garden is lush with green plants and flowers. In the background, there is a brick house with a white door and a window with the number 72 above it. A large tree trunk is visible on the left side of the frame.

因为生活中的每个细节都会带来喜悦  
because every detail of life is so delightful.

## 第二個忠告

爸告诉了我获得幸福的秘诀

And so he told me his secret formula for happiness.

其一是继续过着日复一日的平凡生活


Part one of the two part plan was that I should just get on with ordinary life,



他要我以相同的方式重复过每一天

He told me to live every day again almost exactly the same.


## 主角自己的體會 (之二)




我把每一天都过得像是...  
I just try to live every day as if



...从未来回来回味一样  
I've deliberately come back to this one day



...享受它...就当作是我拿特别...  
to enjoy it as if it was the full final day



...又平凡的生活的最后一天  
of my extraordinary, ordinary life.

# 我的結語

人生充滿了選擇，You win some, and you lose some.

用正面的態度去品味人生，珍惜每一天。活出自己獨一無二的人生！



A dark blue background with a pink arrow pointing right at the top left. Below the arrow are several thin, curved pink lines that sweep across the left side of the frame.

你的呢？